



Full service fundraising offering Italian subs and sandwiches since 2005

Ham & Swiss Pretzel Sandwich

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 17g		22%	Total Carbohydrate 63g
Saturated Fat 8g		39%	Dietary Fiber 2g	7%
<i>Trans Fat</i> 0g			Total Sugars 13g	
Cholesterol 70mg		23%	Includes 0g Added Sugars	0%
Sodium 1050mg		46%	Protein 29g	
Vitamin D 0mcg 0% • Calcium 230mg 20% • Iron 4mg 20% Potassium 10mg 0% • Vitamin A 0mcg 0% • Vitamin C 0mg 0%				

1 serving per container
Serving size
224 7/10 g

Calories 540
per serving

INGREDIENTS: PRETZEL ROLL (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron (reduced), Potassium Bromate, Thiamine Mononitrate, Riboflavin, Folic Acid, Water, Brown Sugar, Soybean Oil, Wheat Gluten, Yeast, Corn Flour, Calcium Sulfate, Enzymes, Potassium Bromate Blend, L-Cysteine, Ascorbic Acid, Azodicarbonamide, Calcium Propionate, Wheat Flour, Enzymes, Bicarbonates of Soda), COOKED HAM (Water, Sugar, Salt, Contains Less than 2% of Dextrose, Sodium Phosphate, Potassium Chloride, Sodium Erythorbate, Sodium Nitrite, Sodium Ascorbate), SWISS CHEESE (Pasteurized Part Skim Milk, Salt, Enzymes, Cheese Cultures), YELLOW MUSTARD (Water, Distilled Vinegar, Mustard Seed, Salt, Turmeric, Spices)

CONTAINS: MILK, SOY, WHEAT

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