



Full service fundraising offering Italian subs and sandwiches since 2005

Ham & Cheese Pretzel Sandwich

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 21g		28%	Total Carbohydrate 64g
	Saturated Fat 7g	35%	Dietary Fiber 2g	7%
	<i>Trans Fat</i> 0g		Total Sugars 13g	
	Cholesterol 65mg	21%	Includes 0g Added Sugars	0%
	Sodium 1180mg	51%	Protein 26g	
Vitamin D 0mcg 0% • Calcium 90mg 6% • Iron 4mg 20% Potassium 40mg 0% • Vitamin A 20mcg 2% • Vitamin C 0mg 0%				

1 serving per container

Serving size
221 1/5 g

Calories 550
per serving

INGREDIENTS: PRETZEL ROLL (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron (reduced), Potassium Bromate, Thiamine Mononitrate, Riboflavin, Folic Acid, Water, Brown Sugar, Soybean Oil, Wheat Gluten, Yeast, Corn Flour, Calcium Sulfate, Enzymes, Potassium Bromate Blend, L-Cysteine, Ascorbic Acid, Azodicarbonamide, Calcium Propionate, Wheat Flour, Enzymes, Bicarbonates of Soda), COOKED HAM (Water, Sugar, Salt, Contains Less than 2% of Dextrose, Sodium Phosphate, Potassium Chloride, Sodium Erythorbate, Sodium Nitrite, Sodium Ascorbate), WHITE AMERICAN CHEESE (Cultured Milk and Skim Milk, Whey, Salt, Sodium Citrate, Modified Food Starch, Sodium Phosphate, Sorbic Acid (preservative), Lactic Acid, Enzymes, Soy Lecithin (non-sticking agent)), MAYONNAISE (Soybean Oil, Water, White Distilled Vinegar, Corn Syrup, Egg Yolks, Salt, Calcium Disodium EDTA (to protect flavor))

CONTAINS: EGG, MILK, SOY, WHEAT

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